

06/03/22 Arnold Rogue Powerlifting 2022

CLASSIC POWERLIFTING - Women

Name	Team	Div	Bwt - kg	IPF Wt CIs	lot#	Birth Year	IPF Pts Code	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	PI/Div/CIs/Event	IPF GL Points	Events Entered	State
Nicole Cupp	ARN	F-O-U	62,15	63	32	Jul-92	FCP	115,0	122,5	125,0	125,0	65,0	70,0	72,5	72,5	145,0	155,0	162,5	162,5	360,0	1/F-O-U//PL	79,46	PL	
Amanda Meyer	ARN	F-O-U	65,75	69	33	Dec-80	FCP	125,0	130,0	135,0	135,0	70,0	75,0	77,5	77,5	145,0	155,0	160,0	160,0	372,5	2/F-O-U//PL	79,36	PL	
Elmarie Van Rheede van Oudtshoorn	ARN	F-O-U	84,90	84+	34	Aug-85	FCP	140,0	147,5	150,0	150,0	72,5	77,5	80,0	80,0	172,5	182,5	187,5	187,5	417,5	3/F-O-U//PL	78,52	PL	
Farzana Botha	ARN	F-O-U	51,85	52	31	Oct-85	FCP	85,0	90,0	-95,0	90,0	57,5	62,5	65,0	65,0	140,0	150,0	155,0	155,0	310,0	4/F-O-U//PL	78,47	PL	
Nicole Hasell	ARN	F-O-U	55,75	57	37	Mar-01	FCP	105,0	112,5	117,5	117,5	60,0	65,0	-70,0	65,0	125,0	135,0	142,5	142,5	325,0	5/F-O-U//PL	77,53	PL	
Kristl Kannemeyer	ARN	F-O-U	62,45	63	35	Oct-83	FCP	110,0	120,0	130,0	130,0	65,0	70,0	75,0	75,0	125,0	140,0	-145,0	140,0	345,0	6/F-O-U//PL	75,91	PL	
Lauren Jones	ARN	F-O-U	103,00	84+	38	Oct-77	FCP	135,0	145,0	150,0	150,0	65,0	72,5	75,0	75,0	160,0	170,0	180,0	180,0	405,0	7/F-O-U//PL	71,68	PL	
Roechelle Van der Merwe	ARN	F-O-U	68,05	69	36	Jan-06	FCP	120,0	127,5	-135,0	127,5	55,0	57,5	60,0	60,0	135,0	142,5	150,0	150,0	337,5	8/F-O-U//PL	70,47	PL	

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CLASSIC POWERLIFTING - Men

Name	Team	Div	Bwt - kg	IPF Wt CIs	lot#	Birth Year	IPF Pts Code	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	PI/Div/CIs/Event	IPF GL Points	Events Entered	State
Jade Blake	ARN	M-O-U	92,75	93	23	May-94	MCP	260,0	270,0	275,0	275,0	170,0	175,0	-177,5	175,0	260,0	270,0	-282,5	270,0	720,0	1/M-O-U//PL	94,32	PL	
Suvar Maharaj	ARN	M-O-U	76,20	83	24	Jul-00	MCP	220,0	230,0	235,0	235,0	135,0	140,0	145,0	145,0	235,0	-250,0	250,0	250,0	630,0	2/M-O-U//PL	91,10	PL	
Chadwyn Govington	ARN	M-O-U	76,70	83	17	Dec-85	MCP	-195,0	202,5	210,0	210,0	145,0	157,5	162,5	162,5	225,0	242,5	250,0	250,0	622,5	3/M-O-U//PL	89,71	PL	
Archie Ayekpa	ARN	M-O-U	88,75	93	14	Apr-85	MCP	215,0	230,0	-240,0	230,0	150,0	157,5	162,5	162,5	240,0	260,0	-280,0	260,0	652,5	4/M-O-U//PL	87,35	PL	
Brendan Aucamp	ARN	M-O-U	92,10	93	28	Apr-00	MCP	200,0	210,0	220,0	220,0	130,0	132,5	135,0	135,0	-280,0	280,0	300,0	300,0	655,0	5/M-O-U//PL	86,10	PL	
Chris Forget	ARN	M-O-U	80,70	83	16	Nov-79	MCP	225,0	-240,0	-240,0	225,0	122,5	127,5	130,0	130,0	240,0	255,0	-267,5	255,0	610,0	6/M-O-U//PL	85,65	PL	
Bandile Khuzwayo	ARN	M-O-U	89,30	93	20	Feb-90	MCP	215,0	225,0	-235,0	225,0	120,0	130,0	140,0	140,0	250,0	270,0	-282,5	270,0	635,0	7/M-O-U//PL	84,74	PL	
Liam Karovsky	ARN	M-O-U	101,20	105	19	Nov-01	MCP	225,0	235,0	245,0	245,0	130,0	140,0	150,0	150,0	250,0	270,0	-275,0	270,0	665,0	8/M-O-U//PL	83,54	PL	
Nishalin Govender	ARN	M-O-U	75,70	83	27	May-92	MCP	170,0	180,0	190,0	190,0	100,0	110,0	115,0	115,0	240,0	255,0	265,0	265,0	570,0	9/M-O-U//PL	82,70	PL	
Michael Huisamen	ARN	M-O-U	82,50	83	18	May-01	MCP	-200,0	-207,5	207,5	207,5	120,0	130,0	140,0	140,0	220,0	230,0	242,5	242,5	590,0	10/M-O-U//PL	81,92	PL	
Johann Nico Meyer	ARN	M-O-U	87,75	93	25	Aug-81	MCP	170,0	-180,0	-185,0	170,0	120,0	130,0	-137,5	130,0	200,0	220,0	-230,0	220,0	520,0	11/M-O-U//PL	70,00	PL	
Gaurav Lall	ARN	M-O-U	90,40	93	21	Apr-00	MCP	180,0	190,0	-195,0	190,0	110,0	112,5	-115,0	112,5	210,0	215,0	217,5	217,5	520,0	12/M-O-U//PL	68,98	PL	
Anthony Tee	ARN	M-O-U	65,85	66	26	Dec-00	MCP	125,0	130,0	-140,0	130,0	80,0	-90,0	-90,0	80,0	175,0	-185,0	-190,0	175,0	385,0	13/M-O-U//PL	60,09	PL	
Dylan Rollo	ARN	M-O-U	129,60	120+	22	Oct-04	MCP	160,0	170,0	180,0	180,0	100,0	110,0	112,5	112,5	200,0	210,0	220,0	220,0	512,5	14/M-O-U//PL	57,65	PL	

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EQUIPPED POWERLIFTING - Men

Name	Team	Div	Bwt - kg	IPF Wt CIs	lot#	Birth Year	IPF Pts Code	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	PI/Div/CIs/Event	IPF GL Points	Events Entered	State
Christo Schoonraad	ARN	M-O	102,95	105	30	Mar-63	MEP	270,0	287,5	0,0	287,5	170,0	-180,0	-180,0	170,0	250,0	275,0	285,0	285,0	742,5	1/M-O//PL	76,59	PL	
Carel Jansen	ARN	M-O	81,85	83	29	Jun-76	MEP	145,0	165,0	-175,0	165,0	115,0	125,0	-132,5	125,0	185,0	215,0	-232,5	215,0	505,0	2/M-O//PL	58,80	PL	